

December 2023 Bremen Township Senior Cafe 15350 Oak Park Ave., Oak Forest (Rear Bldg) ~ 708-687-8220

Monday	Tuesday	Wednesday	Thursday	Friday
<p>LUNCH SERVED AT 12 NOON</p> <p>to Guests age 60+</p>	<p>Funded in Partnership w/ AgeOptions</p> <p>Visit our website: www.brementownship.net</p>	<p>Call for a Reservation 1 week in advance: (708) 687-8220</p> <p>Same-day spots may be available</p>	<p><i>Hot Coffee & Tea Always Available</i></p> <p><i>Choice of 1% milk or juice with Lunch</i></p>	<p>1</p> <p>Lunch is served at NOON Café Opens 11:15am \$4.00 donation requested but not required</p>
<p>4 Chair Yoga Core 11am Bldg A</p> <p>Bratwurst Diced Potatoes Carrots, rye bread!</p>	<p>5 Mahjong 9:30am-Cafe</p> <p>Chicken Chardonnay Broccoli, mashed potatoes Bread, fresh orange</p> <p>Vintage movie, Bldg B 12:45</p>	<p>6 Chair Yoga, 11am, Bldg A</p> <p>Texas Chili <i>So good</i> Mac & Cheese <i>mixed</i> Veg, Bread & more! <i>Together!</i></p>	<p>7 Bingo 9:30am-Bldg A</p> <p>Veal Marsala Scalloped Potatoes Stewed Tomatoes & more</p> <p>Chat & Color 12:45</p>	<p>8</p> <p>Please come to socialize & enjoy a hot meal!</p>
<p>11 Chair Yoga Core 11am Bldg A</p> <p>Slow Roasted Beef+Gravy! Mashed Potatoes Brussels Sprouts & more</p>	<p>12 Mahjong 9:30am-Cafe</p> <p>Turkey Pot Roast /Gravy Baked Potato w/sour cream</p> <p>Vintage movie, Bldg B 12:45</p>	<p>13 Chair Yoga, 11am, Bldg A</p> <p>Spaghetti & Meatballs Wheat Vienna Bread Chilled Peaches</p>	<p>14 Bingo 9:30am-Bldg A</p> <p>No Lunch Today</p>	<p>15</p> <p>LUNCH SERVED AT 12 NOON On dates showing a meal Café opens 11:15am</p>
<p>18 Chair Yoga Core 11am Bldg A</p> <p>Baked Meatloaf Cauliflower Mashed Potatoes, Wheat Roll</p>	<p>19 Mahjong 9:30am-Cafe</p> <p>BBQ Pulled Pork w/ Bun Oven Fries & more!</p>	<p>20 No Yoga today</p> <p>Glazed Chicken Thigh Scalloped potatoes Baked Beans Cake Today!</p>	<p>21 Bingo 9:30am-Bldg A</p> <p>Sr. Lunch Holiday menu! Baked Ham, Rye, Diced Potatoes, Dessert <i>Reservation Required</i></p>	<p>22</p> <p>Save money and buy a 10- Lunch Punch Card \$35 for 10 = \$3.50 per Lunch!</p>
<p>25</p> <p>Merry Christmas!</p> <p><i>No lunch today</i></p>	<p>26</p> <p><i>No lunch today</i></p>	<p>27 No Yoga today</p> <p>Salisbury Steak <i>Yum!</i> Mashed Potatoes Multi-grain roll</p>	<p>28</p> <p>Annual Toast & New Year's Eve Countdown (to Noon) Arrive at Café by 11:50am! Lunch: Hot Dog & Oven Fries</p>	<p>29</p> <p>See you in 2024!</p> <p>HAPPY NEW YEAR!</p>

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