

February 2024 Bremen Twp. Senior Cafe 15350 S. Oak Park Ave., Oak Forest, Bldg C ~ **708-687-8220**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Funded in Partnership with AgeOptions</p> <p>For guests age 60+</p>	<p>-Lunch Served at 12 Noon- Café opens 11:15 am</p> <p>\$4.00 donation requested</p>	<p>708-687-8220</p> <p><i>Visit our website:</i> www.brementownship.net</p>	<p>1 Bingo 9:30am-Bldg A</p> <p><i>Brunch for Lunch!</i></p> <p>Cheese Omelette Hash browned potatoes Wheat biscuit, yogurt, orange</p>	<p><i>Hot Coffee & Tea Always Available</i></p> <p><i>Choice of 1% milk or juice with Lunch</i></p>
<p>5 Chair Yoga Core 11am Bldg A</p> <p>Roast Pork & Gravy Au gratin potatoes Peas & Carrots & more</p>	<p>6 Mahjong 9:30am-Cafe</p> <p>Cheddar Broccoli Chicken Rice Casserole Wheat Roll & more!</p>	<p>7 Chair yoga 11am, Bldg A</p> <p>Salisbury Steak & Gravy Mashed Potatoes Fruit, Dinner roll</p>	<p>8 Bingo 9:30am-Bldg A</p> <p><i>See you next week</i></p>	<p>9</p> <p>Please reserve your Spot a week in advance, or call the same day to see if we have an opening: 687-8220</p>
<p>12 Chair Yoga Core 11am Bldg A</p> <p>Roast Turkey & Gravy Bread Stuffing Sweet Potatoes</p>	<p>13 Mahjong 9:30am-Cafe</p> <p>Spaghetti & Meatballs Mixed Salad Greens Multigrain bread</p>	<p>14 Chair yoga 11am BldgA</p> <p>Valentine's Day</p> <p><i>Ash Wednesday:</i> Lasagna with Alfredo Sauce! Broccoli & more</p>	<p>15 Bingo 9:30am-Bldg A</p> <p>Baked Chicken & Gravy Mashed Potatoes Cauliflower Mandarin Oranges</p>	<p>16</p> <p>\$4.00 Donation Requested per meal</p>
<p>19</p> <p><i>No Lunch Today</i></p> <p>Presidents' Day</p>	<p>20 Mahjong 9:30am-Cafe</p> <p>BBQ Riblet w/Bun Oven Fries Apple, Vegetable</p>	<p>21 Chair yoga 11am BldgA</p> <p>Roast Turkey/Cheddar Sauce Veg. Rice Pilaf Biscuit, Broccoli</p>	<p>22 Bingo 9:30am-Bldg A</p> <p><i>Fresh menu today!</i> Turkey & Cheese Sub on Wheat Bun Split Pea Soup <i>Pasta Salad, Banana</i></p>	<p>23</p> <p>Save money and buy a 10-Lunch Punch Card \$35 for 10 = \$3.50 per Lunch!</p>
<p>26 Chair Yoga Core 11am Bldg A</p> <p>Bavarian Bratwurst Rye Bread, Parslied potatoes Carrots & Fruit</p>	<p>27 Mahjong 9:30am-Cafe</p> <p><i>Fresh Menu:</i> Tomato Lentil Soup! <i>Hot Dog</i> <i>Tossed Salad, Fresh Orange</i></p>	<p>28 Chair yoga 11am Bldg A</p> <p>Texas Chili <i>So good</i> Mac & Cheese <i>mixed</i> Veg, Bread & more! <i>Together!</i></p>	<p>29 Bingo 9:30am-Bldg A</p> <p>Friendly people Dine here...</p> <p><i>Please join us!</i></p>	<p>Lunch is served at NOON Café Opens 11:15am</p>

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